



FLU VACCINATION SERVICES



Reduce sick leave, save costs, reduce the spread of flu and improve the health of staff.

WHAT IS INFLUENZA?

Influenza (flu) is an infection of the nose, throat, and lungs caused by a virus. Most people get better without problems, but the flu can be deadly. It can lead to serious problems (complications) such as pneumonia, or it can make an existing disease worse. Every year thousands of people end up in the hospital with flu complications. Getting a flu shot each fall can help you avoid these serious risks.

When someone who has influenza sneezes, talks or coughs the influenza virus is expelled into the air and may be inhaled by anyone close by. In adults, symptoms can include fever, cough, sore throat, fatigue, muscle aches, headaches, runny nose and watery eyes. Although the fever and body aches usually last for 3-5 days, a cough and fatigue may persist for 2 weeks or more.

In healthy adults, influenza is regarded as a moderately severe illness. For people who are not healthy to begin with, influenza can be very severe or even fatal with the additional complications usually caused by bacterial infection. The period between infection and onset of symptoms is 1-4 days. A person may be contagious with the influenza.

STATISTICS

- It is estimated that 10-20% of the population develops influenza annually
- Influenza can result in up to 3 weeks in recovery time – which ultimately results in being absent from work
- Providing a corporate flu vaccination program at work can reduce respiratory related absenteeism by 43%
- There is a global saving (direct or indirect costs) of AU\$61.67 for every vaccinated person.

WHY OFFER INFLUENZA VACCINES TO YOUR TEAM?

In years where there is a good match between the vaccine virus and the virus strain causing illness, influenza vaccination is generally considered to be 70% - 90% effective in preventing influenza illness in healthy adults. Reducing this preventable illness decreases pressure on already overloaded health systems in diagnosing and managing influenza.

WHY HEALTH FUTURES?

Founding Member



Health Futures provides a comprehensive, co-ordinated service that is inclusive of:

- Australia wide service including regional & remote locations
- Qualified Health Futures Vaccination Nurses and/or GPs
- Staff equipped in the event of allergic reactions
- Relevant insurance policy in place
- Free "In Good Health" newsletter subscription for 12 months.

Our delivery protocol also ensures the highest take up rate.

PROGRAM DELIVERY

- Health Futures will manage the delivery of the entire program using our purpose built software. This maximises participation and minimises the administrative load for your site contact.
- Decide who will coordinate the program for your organisation, pass this information onto Health Futures.
- Liaise with Health Futures staff regarding a suitable time for your vaccination session (Influenza Programs are run from March through to July).
- Health Futures will provide you with all the promotional material you will require for a successful vaccination session.
- Confirm expected numbers of those to be vaccinated, usually a few days before appointment.

NEWSLETTER SUBSCRIPTION

All participants can opt to receive a copy of the "In Good Health" newsletter sent quarterly. This provides them with additional health information, recipes, tips, websites and other ideas for healthy living.

INVESTMENT

Please email us at info@healthfutures.com.au for further information and options.